

Parent Tip Sheet: Every Day Counts!

Good attendance is one of the strongest indicators of student success. Here are some simple ways families can help children build strong attendance habits.



Start Each Day Ready

- Establish a consistent bedtime and morning routine.
 - Prepare clothes, lunches, and backpacks the night before.
 - Make sure your child gets enough sleep and a healthy breakfast.
-



Make School a Priority

- Talk positively about school—your attitude matters!
 - Schedule vacations, family events, and appointments outside of school hours when possible.
 - Encourage your child to stay home only when truly sick.
-



Plan Ahead

- Know your school's calendar and attendance policies.
 - Contact the school as soon as you know your child will be absent.
 - Work with teachers to make up missed assignments quickly.
-



Partner with the School

- Build a relationship with your child's teacher and counselor.
 - Let the school know if your family faces challenges with transportation, health, or schedules—staff can help connect you with resources.
 - Celebrate good attendance and progress with your child.
-

Remember:

When students miss school, they miss opportunities to learn, build relationships, and grow.
Every day matters—and every family can make a difference!